

Cabin fever hits home: the latest seasonal trend is cosy rustic

Irish paint firm Colourtrend and furniture manufacturer DFS employ earthy palettes and luxurious textures in their autumn/winter offerings

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As the clocks go back and winter fast approaches, hopefully we can snuggle in for that extra hour gifted to us this weekend and create a retreat from the hustle and bustle of everyday life. For those who may be inspired to hibernate, there's good news on the interior design front. Cabin-themed interiors are all the rage, which, though not surprising, is entirely welcome at this time of year. So what is the cabin-themed interiors

trend? It's a design trend that embraces cosy, rustic aesthetics with natural materials like wood, stone and leather. It features warm, earthy colour palettes, inviting textures, and vintage decor. Elements include exposed beams, inviting fireplaces, plaid textiles and soft lighting which combine to create a welcoming, nature-inspired atmosphere reminiscent of a mountain retreat. Here, we offer suggestions from two design houses, paint firm Colourtrend and furniture manufacturer DFS, both of which have embraced the rustic trend. Colourtrend has created 'Cabin Core'



themed hues, which focus on nature, antique finds and creating a cosy inviting space. The range is inspired by earthy tones and organic elements and the brand has a number of tips on how to bring the beauty of nature into the home in various ways this season.

Nature in the home office

To create a serene workspace, it advises building a warm, inviting atmosphere from floor to ceiling with its range of paint colours, including brick tone shades like 'Foxmount', perfect for transforming the home office into a calm, focused environment.

A cosy retreat right at home

Similarly, to create a stress-free haven to escape to from daily life, think soft linens, velvety rugs, and the warm glow of flickering candlelight. Creating that through paints calls for Colourtrend's Chestnut Pink in a matt finish to give walls a soft, velvety texture that resembles a warm hug.

Vintage feel with a modern twist

To create rooms with personality and charm, Colourtrend's Cabin Core paints can work wonders, helping you to update an old dresser with a coat of the luxurious shade 'Dressage', for example, or to emphasise architectural elements with the adaptable 'Aged Vellum'. Irishowned Colourtrend is part of the General Paints family. Its new collection is available in seven of the newly rebranded Cove & Co range of paints and is stocked nationwide. See: colourtrend.ie

Over at DFS, the cabin trend is being realised with stylish mid-century twist, a look that is warm, grounding, and full of rustic mid-century charm. Whether inspired by childhood dreams of sleeping in a wood cabin, (without compromising on style or comfort), or a desire to be closer to nature, the mid-century cabin trend could do the trick. "The mid-century cabin look is characterised by the use of warm woods with rich shades of brown, yellow and green, which combine to offer a grounding effect that connects you back with nature," said Kellie Wyles, DFS's head of upholstery. "Mid-century silhouettes work particularly well within this scheme, delivering functionality and pared-back style for an easy-going look, while plants, matte finishes and layered rugs lend a cosy, cooing feel to a space."

Put mid-century silhouettes centre stage

The DFS Lucca recliner chair and stool are perfect centrepieces for creating a stylish yet homely mid-century cabin vibe. The soft leather and walnut trim of the recliner chair add an air of sophistication to a space, while the adjustable headrest and sleek manual controls offer customisable comfort. The walnut detailing echoes the contemporary walnut wooden legs on the popular French Connection Zinc sofa, with its angled arms, rounded seats and button-back cushions. It is available in a range of colours and materials, including a beautiful warm green. Contrast this with the French Connection Zinc footstool in a rust red, to bring autumnal warmth into the space. The trend is also about multi-functionality and maximising smaller spaces so that they work hard for everyone.



Top: At DFS, the cabin trend has been given a stylish mid-century look
Above: Colourtrend's Cabin Core paints can help update an old dresser

For a playful take on practicality, the DFS Dual Storage Bunk Bed set with built-in drawers is perfect for a shared bedroom or children's room, offering helpful storage solutions to minimise mess and maximise floor space. Available in a warm blue frame, the bed can also be layered with cushions in rich sunshine shades for ultimate cabin cosiness. To create the perfect mid-century cabin look, it's also important to bring warmth into a space, with layered details, soft fabrics and cosy nooks to snuggle into. Statement patterned rugs, such as the Matias rug, add extra cosiness as well as style. Complete the look with scatter cushions and artwork favouring abstract or geometric prints, terracotta and ceramic objects, and soft lighting. For more, visit dfs.ie



The DFS Dual Storage Bunk Bed set with built-in drawers is perfect for a children's room



The cabin style embraces natural materials like wood, stone and leather

Interior designer shares her tips for designing a Dublin 4 duplex

Ruth Noble was tasked with creating the decor for a plush duplex apartment in the high-end Lansdowne Place scheme in Ballsbridge

RUTH NOBLE

Lansdowne Place in Ballsbridge, Dublin 4, is a luxurious residential development of high-end apartments and penthouses in Dublin's embassy belt. Built by Chartered Land, the exclusive scheme sits on the grounds of the former Berkeley Court Hotel, the new development opting to swap out short-stay opulence for long-term luxury in an area dubbed the 'Irish Knightsbridge'. The development was built around stunning, 150-year-old, protected trees, planted when the site was that of Trinity College's Botanical Gardens from 1806 to 1968. A jewel in the botanic crown is the site's ancient, preserved strawberry tree, or *Arbutus unedo*, immortalised at Lansdowne Place by the commissioned sculpture of its berries at the front of the development. The exclusive scheme

comes with exclusive prices, including the €7 million paid for a three-bedroom, seventh floor penthouse last October. Ruth Noble Interiors was engaged to complete the interior spaces of this modern three-bedroom property in Lansdowne Place, which is generously proportioned over three levels. My design plan was to present comfortable, liveable, relaxing and multifunctional spaces that would meet the lifestyle requirements of the occupants. When planning out the interior spaces within the duplex, I kept in mind that this home is located in the heart of Dublin within walking distance of the city centre. This type of property is suitable as a primary family residence, as a city pied-à-terre for an individual or couple or as a new home for a right-sizer within a concierge-served private development, so there was a lot of scope. My intention was to create a calm and ambient interior, an invit-

ing city sanctuary to call home. With a focus on comfort, quality and sophistication, I specified generously proportioned sofas, pieces of furniture and bespoke upholstered headboards along with plush textured fabrics, rugs and soft furnishings throughout. I combined finishes such as timber, stone, steel, glass, cane, mirror and textured wallpaper while maintaining a relaxing and neutral palette, introducing patterns in the detail of headboards and occasional chairs. Brass and frosted glass ceiling-light fittings were fitted within the living rooms. Brass, steel, white marble and ceramic free-standing and occasional lamps were placed and positioned within each room to complete the calming



Lansdowne Place, Ballsbridge
The living areas consist of an open kitchen, living and dining area and there is an exceptionally large living room in this duplex with ample space to entertain guests. In the kitchen/dining area I incorporated a sectional two-seater in neutral linen with a contrasting plush rug

in a bottle green shade, wool-upholstered dining chairs and some quirky side tables in similar tones. The dining table seats four people and the glass, timber, brass, stone and steel finishes of the low sideboard, large mirror and lighting introduce warmth and depth to this inviting space. Within the large living-room I incorporated free-standing pieces of furniture to serve as design pieces. They include a brass-framed unit with stone and timber shelving for display along with a large statement sideboard, which is dramatic, aesthetically effective and useful for storage. Paired up with that are two generously proportioned taupe velvet sofas, two steel,

cane and glass coffee tables positioned in the centre of the space and two armchairs to relax in while reading or working. The calm blue, green and sand hues of the low-pile rug further enhance the sophisticated tranquillity of this relaxing space. Gentle white voile window dressings lend a soft, calm finish to the interiors through-out brass framed mirrors are placed to bounce light around the spaces, and carefully curated prints and wall hangings add timeless character personality and energy to each of the rooms. All furniture and accessories are available to order from Ruth Noble Interiors.

Ruth Noble Interiors was established in Dublin in 2016. Noble also recently launched an online store. See: ruthnobleinteriors.com or follow her on Instagram: @ruthnobleinteriors.



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